

# Sisters for Yah

## Do NOT walk away from Yahweh!

Over the years, we've seen so many baptized people come and go. It really is sad, because there are NO reasons which would be worth losing one's salvation over. Here are some excuses we've heard:

### **“Yahweh has too many rules and regulations.”**

Rules and regulations were given for our benefit, to protect us from getting hurt! Any loving parent would do so. Yahweh is our loving Father, and He never wants to see us suffer.

### **“Living Yahweh's Way causes my kids to be deprived of fun.”**

This one really troubles me. And this is a very popular excuse. The parent who said this was actually referring to the fact that she believed her children were suffering by not being allowed to celebrate Halloween and Christmas. Those of us who have been in the Faith for many years, know how untrue this is! Yahweh's real Holy Days are way more fun and meaningful than any man-made pagan holidays.

### **“My friends and family hate me now.”**

The truth is, Yahshua warned us that there would be division in families because of Him. We are also warned that if we love our families more than Him, then we are not worthy of Him. It is indeed painful to lose people we love. But, in many cases, we discovered that the reason non-believers were turned off by the truth had



nothing to do with the message itself! Instead, it was the attitude of judging, condemning, and forcefulness of the one sharing the truth with them that really caused the problem. Let's face it, when we are passionate about our beliefs, we can alienate people by our actions. Let's learn to be gentle and encouraging instead. We are to plant seeds, not bring people into the faith kicking and screaming.

### **“I'm just not good enough to live up to Yahweh's Standards.”**

We've all felt this way. Yahweh does not choose perfect people to serve Him. He chooses the weak and base things of the world to confound the mighty. As long as we have a willing heart, Yahweh can work with us!

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## Serving Yahweh requires perseverance

In 2 Timothy 2:3 we read, *You must therefore endure hardship as a good soldier of Yahshua Messiah.* Sounds like perseverance to me! We do indeed encounter many obstacles such as poor health, troubled relationships, and difficult circumstances. But, as a good soldier, we must press on with Yahweh's strength.

Being a soldier is not easy on any level. Soldiers on active duty often experience ill health, poor lodging, cold, heat, thirst, hunger, humiliation, and injustice. On top of all this, these brave men and women are separated from the people they love, so loneliness is also a huge factor. Many never recover from post traumatic stress disorder.

What makes us different from soldiers serving under worldly governments, is that we serve the Creator of the Universe. He has promised us a glorious future if we overcome to the end, no matter what happens in this life. The Apostle Paul had much to say as the end of his life was approaching. He encouraged the young Timothy to stay faithful to the end. Paul had proved his own faithfulness to Yahweh as he endured relentless suffering for the sake of the Evangel. We, too, can remain faithful to the end!



## *Feeling insignificant?*

We are among 7.5 billion people who inhabit planet earth. We reside on a tiny planet in a small section of a rather insignificant solar system. Our earth is just a tiny blue dot among millions of celestial bodies that Yahweh created. On a gigantic canvas that is our universe, our lovely planet appears as a tiny speck of dust.

If one were to ponder all of this, a feeling of insignificance and unimportance could easily invade one's thoughts. However, Yahweh's Word suggests the opposite is true! He has "measured the waters in the hollow of His Hand." (Isaiah 40:12). Our Heavenly Father has singled out each person He has called! Indeed, all people eventually will have an equal opportunity for salvation, which is the ultimate reason that there is more than one resurrection. Please request your free copy of our ministudy entitled, ***Just One Resurrection?***

Yahweh has created everything for us to enjoy! Look at the beauty in the world: colorful flowers, soft cuddly kittens, the breathtaking beauty of a sunrise or sunset, etc. These show that Yahweh is a Master Artist. He cares for each and every one of us. We can't escape His Presence, and He planned our earthly existence before we were born. Even King David said that Yahweh knew him in the womb. Read and really ponder Psalm 139: 14: *I will praise You, for I am fearfully and wonderfully made.* Scientists are still amazed at what the human body can do. Sisters, you are not insignificant! You are a beautiful precious child of Yahweh. Let go of your past and embrace your calling.

## Don't throw it away!

Have you ever purchased fresh herbs for a recipe, but ended up only using a small amount? Now you can use those excess herbs in creative ways!

—Make herb-infused ice cubes: Crush the herbs and place in an ice cube tray. Fill with water, then freeze. Now you can add herb ice cubes to your favorite drinks. For instance, mint or chamomile taste great in tea. You can even drop the herb cubes in soups for flavor. Basil, oregano, and rosemary all taste great in soups.

—Make pasta sauce with excess herbs: Basil, parsley, cilantro, or dandelion greens all taste good in tomato based pasta sauces.

—Dry them to make them last even longer! Place herbs on a cookie sheet and bake at 180 degrees for two to four hours. When leaves get crumbly, remove and cool. Place in a storage container. Can last up to one year.

—Be an artist: Press unused herbs between sheets of waxed paper in a large stack of books. Allow to dry for a week. Frame pressed herbs on a neutral piece of stock paper. Pretty!

## How to Re-purpose old Clothing

The average American throws out 70 pounds of clothing per year. Most items will never decompose. If you find yourself with clothes that are too old, stained, or torn to donate to charity or sell at a garage sale, consider the following:

—Make cleaning cloths! Don't even bother sewing a hem. Just cut into the size you prefer and clean away. Tee shirts in particular are great for washing cars.

—Consider making pretty cloth napkins. Cut into the size you like, and sew a simple hem to prevent unraveling.

—Use for compost. Linen, cotton, silk, wool, cashmere, and hemp are all biodegradable. Add them to your compost bin. Beware of synthetic fabric. Most won't break down.

—Make teddy bears! One lady used old flannel nightgowns to make tiny teddy bears to donate to a local charity for children. The kids loved them!

## Leftover coffee?

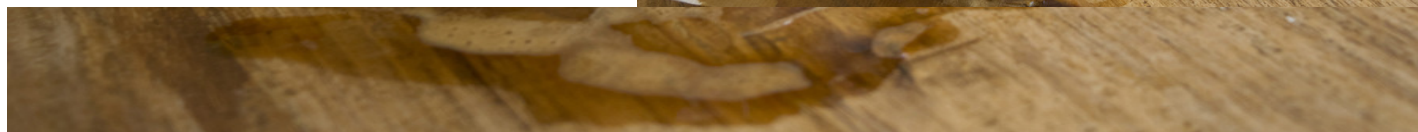
—Freeze leftover coffee in ice cube trays. Use the cubes to flavor iced coffee, soups, chili, or specialty drinks.

—Liven up desserts: replace some of the liquid in a recipe with coffee such as in brownies, cookies or ice cream.

—Make your own dye. You can dye cloth or paper a rich golden color.

—Dry used coffee grounds can be used as a deodorizer. Place in an open container in the fridge to absorb nasty odors.

—Used coffee grounds can make a good soil fertilizer. Worms love it!







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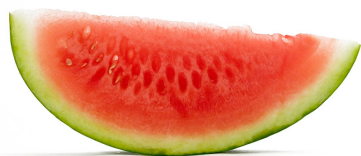
## Refreshing Watermelon Slush

- 5 cups cubed watermelon
  - 2 T. sugar or honey
  - Juice of 1 lime
  - 1 cup crushed ice
- Blend until smooth. Serves 4 to 6.



## Beat the Heat Hydrating Watermelon Salad:

- 4 cups cubed watermelon
  - 4 cups torn spinach
  - 2 avocados, cubed
  - 1/2 cup olive oil
  - 1 lime, juiced
  - 1/2 t. sweet paprika
- Toss all ingredients in a large bowl.  
Makes 4 to 6 servings. Perfect for summer picnics!



## No Bake Peanut Butter Pie:

- 1 package (8 ounces) cream cheese, softened
  - 3/4 cup powdered sugar
  - 1/2 cup peanut butter
  - 6 T. milk
  - 1 carton (8 ounces) frozen whipped topping, thawed
  - 1 graham cracker crust (9 inches)
  - 1/4 cup chopped peanuts
- Beat first 6 ingredients. Pour into crust.  
Top with peanuts. Chill overnight.

